

Name: _____
English – Period _____
Dr. Shew
Date: _____

Goal Setting

When I grow up, I want to be _____.

At the Reality Store, I had the job of _____.

What is a **short-term** goal that will get you one step closer to your dream job?

S – My **SPECIFIC** Goal: _____

M – How will I **MEASURE** my progress? _____

A – Is this an **ATTAINABLE** (reachable) goal _____ Yes _____ No

R – These are the steps I will take to meet my **RESULTS**:

- 1.
- 2.
- 3.

T -- This is **TIME**-bound, and I will achieve by goal by this date: _____

Answer the following questions next week:

E – **EVALUATE** Am I managing my time to do the steps to reach my goal?

_____ Yes _____ No

R – **RE-DO** What is preventing me from reach my goal? _____